



## WINDSOR COURT

PALM SPRINGS

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### Waffle Wit

Q: What do you call a waffle on a California beach?

A: A sandy Eggo.

### A Gift of Lightning

Thunderstorms aren't an uncommon occurrence on warm, steamy summer nights, and while the noise and light show may not be the best sleeping companions, they can—in specific circumstances—leave interesting gifts behind. Fulgurite, sometimes called fossilized lightning, occurs when lightning strikes sand, leaving behind irregularly shaped, naturally created glass. Fulgurites can form in both sandy areas (like beaches) or in rocky areas (like mountains).

### Record-Setting High

The summer heat may have you sweating it out, but compare it to this scorcher: The mercury hit 134 degrees Fahrenheit in July 1913 at Furnace Creek Ranch in California's Death Valley, setting the record for highest air temperature ever recorded.

### Memorable Melody: 'Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini'

This international chart-topping tune celebrates the beloved bikini, which debuted in July 1946. Songwriter Paul Vance was inspired to write the song after a day at the beach with his family. His infant daughter struggled with her new yellow bathing suit and eventually lost it to the waves. Teen singer Brian Hyland sang the ditty in 1960, and it's been stuck in our heads ever since.

July 2025



### Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.

### Happy Fourth!

Happy Independence Day to everyone! We hope you have a fun and festive holiday.

### America's First Zoo

The first zoo in the United States opened July 1, 1874, in Philadelphia. Although the charter establishing the Zoological Society of Philadelphia had been signed 15 years prior, the Civil War prevented the zoo from opening sooner. Price of admission on opening day was 25 cents for adults and 10 cents for children.



# Monthly Recap



Tony



Remelle and Barbara making summer crafts



Marsha



Hand Tapping with Veronica...it's always fun learning something new.



Imelda and Audrey



Lunch Bunch at Thai Smile



Richard celebrating his birthday at Las Casuelas



## Here's the Scoop on Some Favorite Frosty Treats

Frozen desserts are the most delicious way to cool off on a hot day. The hard part is choosing between all the flavorful options! Help satisfy your next craving by consulting this menu of summer's classic sweet treats.

*Ice cream.* We all scream for it! In a dish or cone, slow-churned or soft serve, ice cream is the second bestselling treat in the United States, after cookies. Flavors, toppings and mix-ins are practically endless, but vanilla remains Americans' No. 1 choice.

*Frozen yogurt.* Lighter and tangier than ice cream, froyo is a good source of protein and probiotics. With fun flavor combinations and tasty toppings like fresh fruit and candy bar pieces, kids—and adults!—will never know they're getting extra nutrition.

*Snow cones and shaved ice.* While similar, these fruity, icy treats have distinct differences. The ice pieces in snow cones are larger, which can be fun to crunch on, and the syrup often settles at the bottom of the cone, resulting in a final sip that's super tasty. Shaved ice is softer and flakier, like actual snow, and absorbs the syrup more evenly, so each bite is full of flavor.



Employee  
of the  
Month



Caro Ferreira -  
Maintenance

Thank you for everything  
you do!!



JOIN US AS WE  
CELEBRATE JULY 4TH  
WITH LIVE  
ENTERTAINMENT WITH  
LORI AND LISA  
MUSIC AND COCKTAILS IN  
THE LIVING ROOM  
2:30PM



JULY Birthdays

Robert S.	July 1
Billy H.	July 1
Marsha S.	July 1
Larry H.	July 6
Michael P.	July 8
Delores W.	July 11
James M.	July 13
Priscilla A.	July 15
Jack W.	July 16
Elinor E.	July 16
Marianne T.	July 16
Staci M.	July 18
Remelle S.	July 23
Ronald W.	July 27
Violet B.	July 30

Brain Bender: A  
Puzzling Parade

Jeff, Andrea, Ron, Brandon and Lila each marched in their town's Independence Day parade as a member of one of the following groups: U.S. Air Force, town council, antique car owners, clowns, and a marching band. Their last names are Alvarez, Baxter, Chan, Drake and Emerson. Using the clues below, can you determine each person's full name, what group they were in, and the order they marched?

- The clowns marched after the band but before the antique cars.
- Jeff and Lila marched third and fourth.
- Ron and Mr. Drake both wore their uniforms with pride.
- Ms. Chan's Model T was not third in the parade.
- The five participants in this puzzle are Ron, the trumpet player, Councilman Emerson, Ms. Baxter and the last group to march.
- Jeff marched between the band and the clowns.
- The band, the town council and Ms. Baxter did not march first or last.

(Answer: Ron Alvarez is in the Air Force and marched first. Brandon Drake is in the band and marched second. Jeff Emerson is on the town council and marched third. Lila Baxter is a clown and marched fourth. Andrea Chan owns an antique car and was fifth.)



July 3rd Wheelchair Clinic  
July 4th Live Entertainment w/  
Lori and Lisa  
July 22nd Lunch Bunch  
July 25th Resident Council





## Popular Baby Names

Take a look at how the most popular baby names have changed over the years. Names are listed from the most popular on.

Decade	Names
1930s	<b>Girls:</b> Mary, Betty, Barbara, Shirley, Patricia, Dorothy, Joan <b>Boys:</b> Robert, James, John, William, Richard, Charles, Donald
1940s	<b>Girls:</b> Mary, Linda, Barbara, Patricia, Carol, Sandra, Nancy <b>Boys:</b> James, Robert, John, William, Richard, David, Charles
1950s	<b>Girls:</b> Mary, Linda, Patricia, Susan, Deborah, Barbara, Debra <b>Boys:</b> James, Michael, Robert, John, David, William, Richard
1960s	<b>Girls:</b> Lisa, Mary, Susan, Karen, Kimberly, Patricia, Linda <b>Boys:</b> Michael, David, John, James, Robert, Mark, William
1970s	<b>Girls:</b> Jennifer, Amy, Melissa, Michelle, Kimberly, Lisa, Angela <b>Boys:</b> Michael, Christopher, Jason, David, James, John, Robert
1980s	<b>Girls:</b> Jessica, Jennifer, Amanda, Ashley, Sarah, Stephanie, Melissa <b>Boys:</b> Michael, Christopher, Matthew, Joshua, David, James, Daniel
1990s	<b>Girls:</b> Jessica, Ashley, Emily, Sarah, Samantha, Amanda, Brittany <b>Boys:</b> Michael, Christopher, Matthew, Joshua, Jacob, Nicholas, Andrew
2000s	<b>Girls:</b> Emily, Madison, Emma, Olivia, Hannah, Abigail, Isabella <b>Boys:</b> Jacob, Michael, Joshua, Matthew, Daniel, Christopher, Andrew

## "This Month In History"

### JULY

**1799:** French soldiers make a discovery that helps scholars decode Egyptian hieroglyphics. The Rosetta Stone—so named for the town near which it was found—includes the same text in Greek and Egyptian, providing the key necessary to unlock the meaning of the picture-based hieroglyphs.

**1826:** Former Presidents Thomas Jefferson and John Adams both die on the Fourth of July, half a century after each man signed the Declaration of Independence.

**1847:** The United States Post Office introduces the first postage stamps: a five-cent stamp featuring Benjamin

Franklin and a 10-cent stamp honoring George Washington.

**1903:** The Tour de France hosts its first race outside of Paris.

**1955:** Disneyland welcomes its first guests to "The Happiest Place on Earth" in Anaheim, Calif.

**1969:** Apollo 11, crewed with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, lands on the moon.

**1979:** Sony reveals the first portable cassette player—the Walkman.

**1985:** More than a billion people tune in to watch Live Aid, a concert featuring stars including David Bowie, Bob Dylan, Elton John and Queen. The concert raised more than \$140 million for famine relief in Ethiopia.

**2002:** American businessman Steve Fossett becomes the first solo adventurer to fly around the world in a balloon without stopping.