



## WINDSOR COURT

PALM SPRINGS

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### Laugh It Up

People have been laughing and pranking each other on April 1 for years ... decades ... centuries? While the jokes and jests can be very concrete, the history of April Fools' Day is a little harder to pin down. Some historians trace the practice of pranking back to Roman times, while others land its origins in the Middle Ages. Regardless of the holiday's history, if pranking is on your list of April 1 to-dos, please ensure that your joke is safe and fun for everyone!

### Brilliant and Beloved Children's Books

Celebrated annually on April 2, International Children's Book Day promotes a love for reading among children around the globe. The day coincides with the birth anniversary of Danish author Hans Christian Andersen, the creative writer behind beloved stories such as "The Ugly Duckling" and "The Little Mermaid." Celebrate the day by sharing your favorite titles from your own childhood, or better yet, pen a children's story of your own.

### Remember When: The Milkman

Getting fresh milk and dairy products didn't always require a trip to the store. Up until the 1960s, the neighborhood milkman might have delivered glass bottles of milk and other dairy staples to homes several times a week. Neatly outfitted in white uniforms, milkmen became like friends of the family. The convenient service had all but disappeared by the 1970s, but the concept has seen a small revival in the past decade.

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April 2025

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### Wild World: Mallard Duck

The most common wild duck in the U.S., the mallard is also thought to be the most abundant and wide-ranging duck in the world. It is found in fresh bodies of water throughout North America, Europe and Asia. Male mallards, called drakes, have a green head, a white neckband and a brown and gray body. Females have mottled brown and white feathers all over their bodies except for an iridescent blue patch on their wings. Mallards are dabbling ducks, meaning they tip their bodies vertically into the water, with their tail in the air, to feed on fish, frogs and plants. Female mallards quack, but males do not; instead, they make a soft, raspy sound.

### Blown Away by Spring

Spring and strong winds often go hand in hand. This is due to shifting atmospheric pressure and temperature changes. According to the World Meteorological Organization, the maximum natural wind gust ever recorded clocked in at 253 mph on April 10, 1996, in Barrow Island, Australia.



WINDSOR

# Monthly Recap



## Mardi Gras Celebration



Morning Fitness is always a good way to start your day!



# HAPPY HOUR



Our new live entertainer, Martin on the Banjo, was so much fun and the residents loved him!! We can't wait for his return.



The Windsor Experience.  
The Right Choice

# Team Member of the Month



January 2025: Emily Smith



February 2025: Eric Lacbay

We celebrate those employees who go above and beyond, make a difference in the lives of our residents and work as part of the team culture within the Windsor Court values. We think you're AWESOME!!



## April Birthdays

Mary A.	April 14
Doug C.	April 17
Arthur F.	April 17
David C.	April 18
Sandra C.	April 27
Jeanne M.	April 29
Jesse T.	April 29
Elyann S.	April 30



Join us Sunday, April 20th, 2025 in the dining room for a delicious Easter Brunch prepared by Chef Josh and his team. Please RSVP with the Activity Department by Tuesday, April 15th.



Join us for Jewelry Club

## Health & Wellness



12 Steps of Happiness discussion, reminding us what we can do to help ourselves and others every day.

## Resident Council

Friday, April 25th, 2025  
10am Living Room

## Arts and Crafts



Jewelry Club



## No Fooling!

Instead of playing a prank on April Fools' Day, play one of the dozens of songs with the word "fool" in the title. Here are some of the most notable hits. Can you think of others?

Year	Song	Artist
1956	"Why Do Fools Fall in Love?"	Frankie Lymon and the Teenagers
1958	"Poor Little Fool"	Ricky Nelson
1961	"Fool #1"	Brenda Lee
1967	"Chain of Fools"	Aretha Franklin
1972	"Everybody Plays the Fool"	The Main Ingredient
1979	"What a Fool Believes"	Doobie Brothers
1981	"What Kind of Fool"	Barbra Streisand and Barry Gibb
1988	"Famous Last Words of a Fool"	George Strait
1991	"Don't Want to Be a Fool"	Luther Vandross

# "This Month In History"

## APRIL

**1902:** Tally's Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

**1917:** The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

**1923:** Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4-1.

**1938:** Bugs Bunny makes his first cartoon appearance in "Porky's Hare Hunt."

**1954:** The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

**1969:** The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

**1977:** Fifteen women in the House of Representatives hold the first Women's Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women's Issues.

**1997:** At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament's youngest winner—a record he still holds today.

**2004:** Google launches the free email service Gmail. Since the announcement was made on April Fools' Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.8 billion people around the globe.